

# Terms & Conditions

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Analogy Sarl

## **PART 1**

### **The Nutritional Therapy Descriptor**

Nutritional Therapy is the application of nutrition and lifestyle medicine sciences in the promotion of health, peak performance and individual care. Nutritional Therapists assess and identify potential nutritional imbalances and understand how these may contribute to an individual's symptoms and health concerns. This approach allows them to work with individuals to address nutritional imbalance and help support the body towards maintaining health.

Nutritional Therapy is a complementary medicine and is relevant for individuals with chronic conditions, as well as those looking for support to enhance their health and wellbeing. Nutritional Therapists consider each individual to be unique and recommend personalised nutrition and lifestyle programmes rather than a 'one size fits all' approach.

Nutritional Therapists never recommend Nutritional Therapy as a replacement for medical advice and always refer any client with 'red flag' signs or symptoms to their medical professional. They frequently work alongside medical professionals and will communicate with other healthcare professionals involved in the client's care to explain any Nutritional Therapy programme that has been provided.

### **The Nutritional Therapist requests that the Client notes the following:**

- The degree of benefit obtainable from Nutritional Therapy may vary between clients with similar health problems and following a similar Nutritional Therapy programme.
- Nutrition and lifestyle recommendations will be tailored to support health conditions and/or health concerns identified and agreed between both parties.
- Nutritional Therapists are not permitted to diagnose, or claim to treat, medical conditions.
- Nutritional Therapists' recommendations are not a substitute for professional medical advice and/or treatment.
- Your Nutritional Therapist may recommend food supplements and/or functional testing as part of your Nutritional Therapy programme and may receive a commission on these products or services.

### **The Client understands and agrees to the following:**

- I am responsible for contacting my medical doctor about any health concerns.
- If I am receiving treatment from my medical doctor, or any other medical provider, I should tell him/her about any nutritional recommendations provided by my Nutritional Therapist. This is necessary because of any possible reaction between medication and the nutritional programme.
- It is important that I tell my Nutritional Therapist about any medical diagnosis, medication, herbal medicine or food supplements I am taking as this may affect the nutritional programme.
- If I am unclear about the agreed Nutritional Therapy programme/food supplement doses/time period, I should contact my Nutritional Therapist promptly for clarification.
- I understand that the recommendations are personal to me and may not be appropriate for others.
- I must contact my Nutritional Therapist should I wish to continue any specified supplement programme for longer than the originally agreed period, to avoid any potential adverse reactions.
- Recording consultations using any form of electronic media is not allowed without the written permission of both me and my Nutritional Therapist.
- It is my responsibility to ensure I have a working internet connection for online appointments. If I am unable to connect as scheduled, the appointment is considered a 'no show' and charged in full.

### **Confidentiality and Data Protection**

The Nutritional Therapist will keep your personal information confidential and secure following the "nouvelle loi suisse sur la protection des données (nLPD)". A separate Privacy Policy is available for your review.

## **PART 2**

### **Payment Terms and Cancellation Policy**

#### Payment:

For all services (individual consultations and group programmes and courses), fees are agreed and paid in full in advance, before the first appointment. Payments are made online with credit/debit card (Stripe).

#### Cancellation:

Individual consultations cancelled with less than 48 hours' notice and 'no shows' will be charged in full.

The dates of the group courses and programmes are fixed, non-cancellable and non-refundable.

In the case of advance payments for services, and before the first consultation or the group course/programme start has taken place, you have the right to cancel this agreement within 14 days of the purchase without penalty. If you wish to terminate the agreement within this 14-day period, you must do so in writing to [lisa@analogy-nutrition.com](mailto:lisa@analogy-nutrition.com).

#### Expiration of programme:

Consultations sold in programmes must be completed within the timeframe defined by the related programme. In case of illness or vacation, this duration can be extended to two more weeks. Beyond this duration, remaining consultations of a programme will be lost.

The group courses and programmes have fixed dates and can therefore not be extended.

We understand the above and agree that our professional relationship will be based on the content of this agreement. We declare that all the information we share during this professional relationship is confidential and to the best of our knowledge is true and correct.

ANALOGY SARL

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